



The Sukhothai Shanghai

A Healing Journey of Rejuvenation

Whether you are strolling through modern landmarks, walking through historical buildings, or riding a bicycle in the shadow of the plane trees, The Sukhothai Shanghai is like a leisurely place in the charming city of Shanghai. Suddenly seen at the corner of the trendy and bustling city, a space of tranquility is encountered. Empty valleys, bamboo forests, flowing water, and flying birds are all hidden in the "urban oasis" in the hustle and bustle of dust. It leads to the origin of unawakening memories, explores the yearning for the unknown, and invites you for a journey of A Place Apart, a healing journey of ultimate physical and mental rejuvenation.

Sukhothai is full of respect for the heritage of ancient culture, contains the yearning for happiness. It is taken from Sanskrit and means "dawn of happiness". Stepping into A Place Apart - The Sukhothai Shanghai, the harmonious concept of integrating and returning to nature is everywhere revealed. Between elegance and simplicity, dignity and agility, it brings people freedom and comfort.

The Retreat, located on the LG1 floor of the hotel, advocates a high pursuit of nature and aesthetics, aims to create an urban oasis in the city's concrete jungle, creating a rejuvenated place in a cave, where one can find harmony and serenity. Natural banana leaf bowls, handmade wooden bookshelves, Himalayan salt lamps, and bamboo bicycles from Dutch brand Kate Wood, all details create the concept of sustainability, eco and environmental protection.

The health and wellness facilities include a 198-square-metre Fitness Studio complete with state-of-the-art equipment and a separate studio for yoga, Pilates and group exercise. Guests can also take advantage of the 25-metre heated indoor pool, sauna and steam room. The Retreat offers a range of Southeast Asian spa therapies and signature wellness programmes. Including yoga, meditation, pilates or group trainings.

The Retreat is equipped with five treatment suites, providing unique treatments to help guests stretch their body and mind and rejuvenate. Each room corresponds to the name of a special plant. When you step into the space, a wooden garden is seen, warmly and elegantly. Every breath, step, scene, every detail seems to be opening up a dialogue and

resonance between the body and mind.

Get away from the hustle and bustle in the "urban oasis" and experience the ultimate healing journey. Through the power of sound presented by master Victoria from Ukraine who started her journey since 2016, feeling the world of five senses between virtual reality, one can acquire the balance of body and mind. When the therapy begins, lie down comfortably and relax, immerse yourself in the resonant world that remote from the chaos, and feel the sound energy from the bowl and gong pouring into the body like a tide, penetrating into the cells of the body, gradually purifying the body and mind, achieving a state of mind that releases stress and chaos. The whole process is like enjoying a very deep and long-lasting massage, a journey of rejuvenation. Standing on the soft couch, the music lingers in your ears, no longer paying attention to time, no longer rushing, feeling the blending of body, mind and soul.

What fitness or healing gives you is not only the refreshing feeling after exercise, but also the release during practice, harvesting the body's energy recovery, focusing on the beauty of the moment, slowly understanding the world, and renewing yourself. In the "urban oasis", you can temporarily escape, escape from the crowd. The healing journey brings us to think about every living individual in urban life. By slowing down, we may be able to concretely perceive our own existence, slowly explore the real needs of the body, and accumulate more thoughts, and entrench on a new journey.

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About The Sukhothai Shanghai

Offering 170 rooms and 31 suites designed in charm, each guest room is carefully appointed with modern amenities and comforts, ensuring a relaxing and rejuvenating stay. The hotel boasts five F&B dining options, including La Scala Italian restaurant and URBAN Café Thai restaurants, as well as URBAN lounge and The ZUK Bar with the exquisite outdoor garden. With a wide range of well-appointed facilities including a fitness center and a 25-meter indoor swimming pool, the hotel is ideally situated just steps away from the hustle and bustle. Immerse yourself in a haven that seamlessly blends nature and simplicity. The Sukhothai Shanghai is synonymous with inspirations of contemporary lifestyle, bringing together immaculate style, utmost comfort, modern convenience, respectful privacy and welcoming ambience in "a place apart" from the world outside.

About The Sukhothai Hotels & Resorts

The Sukhothai hotel logo consists of 22 diamond droplets forming the Chedi design that was inspired by Sukhothai, the first capital of Siam. Each drop of diamond, polished to an identical marquise shape and seemingly finding its own position within the whole represents the individuals of the qualified hotel associates who, guided by intuition yet precise in every detail, anticipate our guests' needs and cater to them exceptionally. Each property within the brand portfolio remains distinct and uniquely designed while maintaining the essential quality that is the hallmark of the brand.

About HKRI Taikoo Hui

Located at 789 Nanjing Road (West), HKRI Taikoo Hui is a 50:50 joint venture between two Hong Kong listed companies – HKR International and Swire Properties, with a total

investment of RMB17 billion. The development covers an area of about 63,000 square metres, and a gross floor area of about 322,000 square metres, including a lifestyle shopping mall, two premium Grade A office towers, three boutique hotels and serviced apartments, and more than 1,200 parking spaces. It has direct access to Metro Line 13, with Line 2 and Line 12 at West Nanjing Road station only walking distance away. The development is also strategically located next to Yan'an Elevated Highway and N-S Elevated Highway, providing direct access to the Hongqiao Transportation Hub and Pudong International Airport.

About HKR International Limited

HKR International Limited has diversified interests in real estate development and investment, property management, luxury hotels and serviced apartments, healthcare services and other investments in Hong Kong, mainland China and across Asia. The Company's diverse portfolio includes Discovery Bay and CDW Building in Hong Kong, HKRI Taikoo Hui in Shanghai, and a number of premium residential and commercial properties in Thailand and Japan. HKRI has been listed on The Stock Exchange of Hong Kong since 1989, under the Stock Code of 00480. Website: www.hkri.com.

About Small Luxury Hotels of the World

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